



START EVERY DAY WITH SCHOOL BREAKFAST

Try our "Grab & Go Breakfast" at Middle, Balmer and NES. Go to the cafeteria and pick up your special breakfast on your way to class. It's a great way to start your day!

The cost is \$1.50 per child however, we offer reduced price \$.30 and free breakfast for students who qualify.

Breakfast includes choice of milk, juice or fruit, and a Cheese Stix plus the entree of the day:

Warm muffin, bagel w/ cream cheese, assorted danish, Pop Tart, or breakfast sandwich.

Each breakfast meets the nutritional requirements set forth by the National School Breakfast and Lunch Program.

